

***Information Sheet***  
***For***  
***State, Federal & Local Services***

**New Hampshire Dept of Health and Human Services**  
**603-357-3510 or 1-800624-9700**

- Food Stamps
- Medicaid
- Child Support
- Healthy Kids
- TANIF (*Temporary aid to one parent families when one is disabled or unemployed*)
- APTD (*Aid to the Permanently and totally Disables*)

**Southwestern Community Services** (*CAP-Community Action Program*)  
**603-352-7512**

- Homeless outreach
- WIC-(Women Infants Children/food & formula)
- Security Deposits
- Fuel Assistance
- Commodity Foods

**Town Welfare:** (Hours of operation vary)

- Richmond 239-4232
- Winchester 239-6148
- Ashuelot 239-6148
- Hinsdale 336-5701

**Other Food Pantries:**

- The Community Kitchen, Keene 352-3200
- St Vincent DePaul-St Bernard Church, Keene 357-1647
- Salvation Army, Keene 352-0607
- Helping Hands, Troy 242-3007
- Gert's Food Pantry, West Swanzey 352-8682
- Joan's Pantry, Chesterfield 363-8348